

At the first sign of irritation apply Brace Relief™ Gel to minimize discomfort from brackets and wires rubbing on the cheeks an/or gum area during orthodontic treatment.

Instructions for use of Brace Relief™ only

1. Wash hands with soap and water.
2. Pull cheek back and identify irritated area.
3. Place a small amount of Brace Relief™ on finger or cotton swab and apply to irritated area.

Instructions for use of Brace Relief™ and Brace Gard®

1. Wash hands with soap and water.
2. Pull cheek back and identify offending orthodontic bracket.
3. Pinch BRACE GARD® material over dry bracket, locking material behind edges and undercuts.
4. Finish by smoothing Brace Gard® with a wet finger.
5. Place a small amount of Brace Relief™ on finger or cotton swab and apply to irritated area.

IMPORTANT:

Material and bracket must be dry.

